JAF, POB 7203, New York, NY 10116, USA Tel: 1-846-338-5996 (Toll-Free: 1-888-243-1690) Fax: 1-810-885-4264 unitedsikhs-na@unitedsikhs.org



www.unitedsikhs.org contact@unitedsikhs.org

To transform underprivileged and minority communities and individuals into informed and vibrant members of society through civic, educational and personal development programmes.

# **UNITED SIKHS GURMAT CAMP 2007**

10481 Camp Eberhart Rd, Three River, Michigan 49093, USA August 19 - August 25, 2007

This document contains the UNITED SIKHS CAMP 2007 Registration form, Parental Consent and Release form and Medical Record form and also provides detailed information regarding the UNITED SIKHS CAMP 2007 being held at the beautiful campsite of 10481 Camp Eberhart Rd, Three River, Michigan- 49093. Please be sure to read the entire document. Please submit all forms by July 20<sup>th</sup> 2007. Please call any of the following to submit the forms:

Jaswinder Kaur: 269-806-4293 Gurnam Singh: 269-349-5060 Toll Free: 1-888-243-1690

Email: camp@unitedsikhs.org, contact@unitedsikhs.org

#### **MEDICAL**

A two-part health form is enclosed. The Personal Health and Medical Record is to be completed by the parent/guardian and Medical Evaluation portion is to be completed by a physician in its entirety. All inoculations must be current. Refer to the Medical Record form for details. Any medications prescribed for your child and any special instructions concerning the health of your child should be left with the Camp Health Lodge Staff at the time of registration.

#### **CAMP FEE**

The camp is open to children the ages of 7 and up. The camp fee is \$220 per camper payable to "UNITED SIKHS". This fee is based on the fees we are required to pay. <u>The full camp fee</u> along with the complete "Registration Form" and the "Parental Consent and Release Form" must be sent by the July 20<sup>th</sup> deadline. Please make sure the forms are filled completely.

## **IMPORTANT NOTE:**

- Experienced adults will supervise this camp. So all the boys and girls will be under close supervision of adult volunteers.
- Parents may visit the camp and see the activities at the camp.

#### WHAT TO BRING?

Please mark your child's clothing. The following items are a MUST:

- ✓ Kesari turbans for boys and Keshari chunis for girls
- ✓ White Kurta /Pajama sets
- ✓ Pillow, pillow-cases & bed sheets
- ✓ 3 woolen blankets or a sleeping bag and one blanket.
- ✓ 1 comforter.
- ✓ Sweater & heavy jacket
- ✓ Towels & toiletry
- ✓ Extra pair of sneakers

**Special Note:** Musical instruments (Harmonium, Sitar, Tabla, Violin etc) for individualized training

#### **OTHER ITEMS**

- Slacks and jean
- · Ground cloth
- · Bug repellent
- · Flashlight
- · Towel & wash cloth
- Notebook & pencils
- · Rain coat
- · Handkerchief or tissues
- Socks & underwear
- Warm pajamas
- Laundry bag for dirty clothes
- Two pairs of sturdy shoes

Optional items: Sketchpad, compass, camera, tennis racket, roller skates

### LIST OF PROHIBITED ITEMS

Lanterns, candles, firecrackers, radios, DVD/CD players, Song CD's

Be sure to bring enough clothes to last for the duration of the camp.

### **MEALS**

Well-balanced and nutritious meals will be served. If your child has any other dietary restrictions please specify so on the Parental Consent Form. **Parents are requested not be bring/send any food articles for/with the campers**.

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#### **PROGRAM & ACTIVITIES**

This year we will enjoy a real-life camping experience including sleeping **in well-maintained fully enclosed cabins** as well as numerous outdoor activities. In addition to activities such as regular classes in Sikh history, Gurus History, Gurbani Kirtan, Gurdwara maryada, turban tying, Workshops, Gatka Classes, Audio-Visual sessions, Special emphasis on the challenges faced by Sikh youths with BANA, Right To Turban, Equal Rights for Women, and Guest Lectures.

Theme of the Camp 2007: 'Sab Sikhan Ko Hukam Hai, Guru Maneyo Granth'

### **CAMP PHONE NUMBER**

Please try not to call the campers unless it is an emergency. The camp number is: (269) 244-5000

CHECK-IN TIME IS 3.30 - 5.30 PM ON AUGUST 19<sup>th</sup>, 2007 AT THE Camp Site 10481 Camp Eberhart Rd, Three River, Michigan 49093, USA. IF YOU ARE GOING TO BE ARRIVING LATER THAN THAT – PLEASE LET US KNOW IN ADVANCE.

WE WOULD PREFER THAT YOU PICKUP YOUR CHILDREN FROM THE CAMP SITE ON SATURDAY 25th AUGUST 2007, AFTER THE CLOSING CEREMONY AT 1 PM. IF SOMEONE ELSE IS COMING TO PICKUP YOUR CHILD INSTEAD OF YOU – YOU MUST INFORM US IN ADVANCE – YOU WILL NEED TO SIGN A RELEASE FORM AUTHORIZING THE PICKUP BY THE DESIGNATED PERSON.

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### UNITED SIKHS GURMAT CAMP 2007

10481 Camp Eberhart Rd, Three River, Michigan 49093, USA August 19 - August 25, 2007

#### **DRIVING DIRECTIONS**

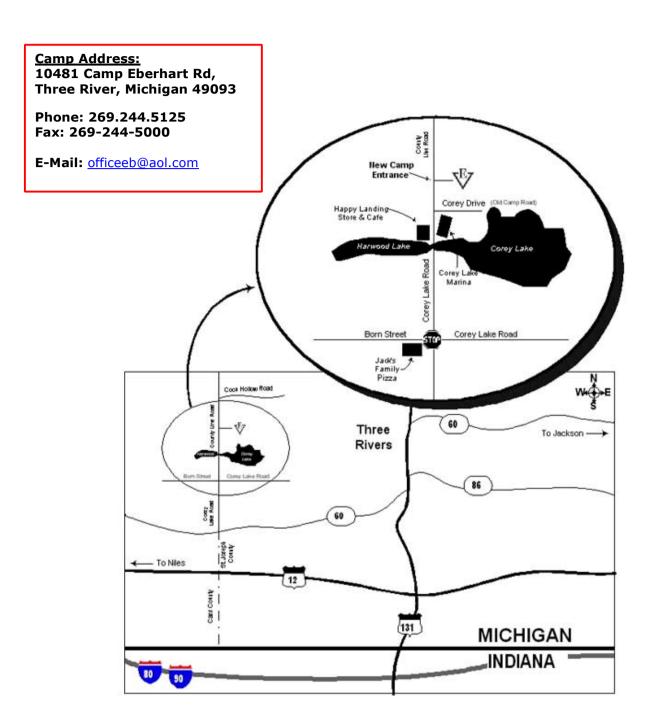
**From South Bend:** Take St. Rd. 23 into Michigan (St. Rd. 23 becomes M-62 at the state line). Take M-62 into Cassoplis and turn East on M-60. Take M-60 through Vandalia and Jones to Corey Lake Road. Turn left onto Corey Lake Road and continue 1 1/2 miles, through the stop sign at Jack's Pizza. Pass Corey Lake Marina and the Old Camp Road and continue on for 200 yards to the new camp entrance.

**From Indiana, Illinois or Ohio:** Take the Indiana Toll Road to the Middlebury exit (#107). Go left off the exit into Michigan. This is US 131. Take US 131 North through Constantine. At the traffic light where US 131 turns and goes right, continue straight ahead (on Young's Prairie Road) until it ends at M-60. Turn left on M-60 to Corey Lake Road. Turn right onto Corey Lake Road and continue 1 1/2 miles, through the stop sign at Jack's Pizza. Pass Corey Lake Marina and the Old Camp Road and continue on for 200 yards to the new camp entrance.

**From Eastern Michigan:** Take M-60 through Three Rivers towards Jones and look for Corey Lake Road. Turn right onto Corey Lake Road and continue 1 1/2 miles, through the stop sign at Jack's Pizza. Pass Corey Lake Marina and the Old Camp Road and continue on for 200 yards to the new camp entrance.

**From Northern Michigan:** Take US 131 South through Kalamazoo. Veer right onto M-60 after Three Rivers. Turn right onto Corey Lake Road and continue 1 1/2 miles, through the stop sign at Jack's Pizza. Pass Corey Lake Marina and the Old Camp Road and continue on for 200 yards to the new camp entrance.

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# UNITED SIKHS GURMAT CAMP 2007 Parental Consent and Release Form

# PARENTAL ACKNOWLEDGEMENT, MEDICAL AUTHORIZATION, INDEMINFICATION/WAIVER OF LIABILITY

The above child/children are attending the UNITED SIKHS CAMP 2007 at 10481 Camp Eberhart Rd, Three River, Michigan 49093 with our consent.

I am aware that there are inherent risks involved both directly and indirectly in any camping program/activity. The camp administrators are authorized to arrange for emergency care as needed.

I am the parent/ legal guardian of the above child/children and on behalf of the above child/children, their next of kin, heirs, executors, personal representatives, successors and assigns, do hereby exempt, release, waive, discharge, indemnify and hold harmless for myself, the above child/children or any minor in my custody, Camp Eberhart, and UNITED SIKHS and their volunteers from any and all liability claims or cause of action whatsoever arising out of, or which may result from the above children attending the UNITED SIKHS CAMP 2007 whether resulting from the negligence of the camp staff, or volunteers.

I acknowledge that the above indemnification and waiver of liability applies to all visitors to the camp as well.

In addition to the foregoing paragraph, in no way shall Camp Eberhart, Three River, Michigan 49093 or UNITED SIKHS and their volunteers be responsible for any costs or legal fees associated in any way with any claims from the above attending the camp.

1 0 0	the above named children. I have read and agree with
all of the above.	
Date	Signature of Parent or Legal Guardian

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## HEALTH INSURANCE INFORMATION

Name of Policy Holder  Policy Number /Insurance ID Number  Insurance Carrier/Phone Number  Family Physician's Name and Telephone				
			Is the child allergic to any medica	ations or food
			The child/children listed on the back-side SIKHS GURMAT CAMP 2007 at 10481 49093 with our consent. The camp admin emergency care as needed. I hereby exem and UNITED SIKHS and their volunteers	Camp Eberhart Rd, Three River, Michigan istrators are authorized to arrange for pt, release and hold harmless Camp Eberhart from any and all liability claims or causes of may result from the above child/children
Date	Signature of Parent or Legal Guardian			
If your child/children has/have asthma, yo	ou <u>must</u> alert the Health Lodge/Camp			

designated staff and <u>must</u> send along the appropriate medicine.

We would not encourage young children with asthma to attend the camp unless they are fully responsible with and trained in the use of their medical equipment

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